# Finding a Sustainable Replacement for Peat in Scotch Whisky Production

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Supervisors: Dr David Ellis, Dr Ruaraidh McIntosh

- Project focus whiskies with smoky flavour and aroma.
- Imparted by burning peat when drying malt.
- Organic material composed mostly of large biopolymers: cellulose, hemicellulose and lignin.
- Thermal decomposition leads to release of phenols and carbonyls.

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#### Peat exploitation and restoration

- Peat is a limited resource.
- Peatlands act as carbon sink and habitat for a variety of plant and wildlife.
- Use of peat as fuel and fertiliser over hundreds of years lead to degradation of peatlands.
- Considerable restoration efforts made by the government and variety of environmental organisations.



#### Finding an alternative to peat

- Material composed primarily of the same biopolymers as peat.
- Thermal degradation products should be the same or similar.
- Should be available in large quantities and not be in widespread use for another purpose.
- Potential candidates include spent coffee grounds (SCG) and wood chips.





#### **NMR Solvent Suppression**

- Samples with protonated solvents require solvent suppression.

- Strong solvent signals mask weaker resonances and cause baseline distortions and radiation damping.

- Presaturation commonly used – application of a continuous weak pulse at the solvent frequency, leading to spin saturation.

- Suppression of multiple signals involves use of frequency modulated shaped pulses.

W. Kew, N. G. A. Bell, I. Goodall and D. Uhrín, Magn. Reson. Chem., 2017, 55, 785-796.



T. D. W. Claridge, Elsevier Ltd, Third Edition edn., 2016, DOI: 10.1016/B978-0-08-099986-9.00012-9, pp. 457-498.

#### Solvent suppression – unsuppressed whisky <sup>1</sup>H NMR spectrum



#### Solvent suppression – suppressed whisky <sup>1</sup>H NMR spectrum





# Smoke NMR spectra acquisition



- Smoke produced using commercially available smoker
- Approximately 0.5 g of material burnt
- Fan directs resulting smoke into a vial containing solvent
- Methanol used for majority of samples
- Solution with dissolved smoke components analysed using NMR

#### <sup>1</sup>H NMR of peat smoke



### Smoke comparison – <sup>1</sup>H NMR



#### Smoke comparison – aromatic region



## SCG New make spirit - <sup>1</sup>H NMR



#### SCG New make spirit aromatic region - <sup>1</sup>H NMR



# New make spirit comparison – <sup>1</sup>H NMR, aromatic region



#### New make spirit comparison – Cluster Analysis



- 29 samples of new make spirits, low wines, feints and whiskies.
- Samples from one distillery grouped into cluster 4.
- New makes spirits smoked in the lab using peat and SCG grouped together in cluster 6.
- All low wines and feints samples grouped together in cluster 2.
- Source of smoke appears to have less effect on the composition than stage of distillation or distillery.
- Whisky samples clearly separated.
- Two samples (CSNMS4, HNMS4) are clear outliers.

#### Smoke comparison – Principal Component Analysis



- 29 samples of methanol smoke solutions.
- Difference between samples of peat from different locations is small.
- Several materials produce smoke with composition remarkably similar to that of peat.
- Some materials show large variation within a set of three samples, including oak cask wood and spruce heartwood.
- SCG smoke samples show little difference from peat smoke, while decaffeinated SCG smoke appears notably different, which may suggest that origin of the coffee grounds is an important consideration.

#### **Thermogravimetric Analysis**



C. Di Blasi, Prog, Energy Combust, Sci., 2008, **34**, 47-90.

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M. Asmadi, H. Kawamoto and S. Saka, J. Anal. and Appl. Pyrolysis, 2011, 92, 417-425.

#### Pyrolysis – Gas Chromatography – Mass Spectrometry

- Samples heated to 650 °C under N<sub>2</sub> atmosphere.
- 9 points calibration curve constructed using trans-Ferulic Acid as reference compound.
- Successful quantitation of 18 phenolic products of peat pyrolysis.





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Compound	µg compound/mg peat
trans-Ferulic Acid	0.202 ± 0.016
Toluene	$0.309 \pm 0.009$
Styrene	0.168 ± 0.004
Phenol	0.464 ± 0.017
o-Cresol	$0.213 \pm 0.004$
<i>p</i> -Cresol	0.354 ± 0.015
Guaiacol	0.187 ± 0.002
2-Ethylphenol	0.175 ± 0.041
2,4-Xylenol	0.204 ± 0.011
4-Ethylphenol	0.235 ± 0.031
4-Methylguaiacol	0.316 ± 0.031
4-Vinylphenol	$0.350 \pm 0.033$
4-Methylcatechol	0.338 ± 0.005
4-Ethylguaiacol	0.156 ± 0.004
4-Vinylguiacol	0.297 ± 0.006
Vanillin	0.233 ± 0.006



- Same biopolymers in SCG, wood and peat, different proportions.

- SCG smoke contains flavour congeners but also undesirable pyridine compounds.

- Higher levels of phenolics in peat, compared to alternative materials, which have more furans and carbonyls.

#### Future work

- Extend Py-GC-MS quantitation.

- Produce and analyse new make spirits using malt smoked using alternative materials.

- Acquire more NMR spectra to improve the statistical models.

- Search for other alternative materials.





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